

2004 Physical Education Questionnaire

This questionnaire will be used to assess physical education programs and policies across your state or school district. Your cooperation is essential for making the results of this survey comprehensive, accurate, and timely. Your answers will be kept confidential.

Instructions

1. This survey should be completed by the lead physical education teacher (or the person acting in that capacity) and concerns only activities that occur in the school listed below. Please consult with other people if you are not sure of an answer.
2. Please use a #2 pencil to fill in the answer circles completely. Do not fold, bend or staple the questionnaire or mark outside the answer circles.
3. Follow the instructions for each question.
4. Write any additional comments you wish to make at the end of the questionnaire.
5. Return the questionnaire in the envelope provided.

Person completing this questionnaire

Name _____

Title _____

School name _____

District _____

Telephone number _____

To be completed by the SEA or LEA conducting the survey

School name _____

SURVEY ID

0	0	0	0
1	1	1	1
2	2	2	2
3	3	3	3
4	4	4	4
5	5	5	5
6	6	6	6
7	7	7	7
8	8	8	8
9	9	9	9

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Your present assignment is primarily:

- ① Physical education only
- ② Physical education and health education
- ③ Physical education and athletics

Your primary grade level responsibility is

- ① Middle school
- ② High school
- ③ Both middle and high school

Your gender is

Male Female

- ① ②

Implementation of the required Physical Education Course(s): This section will focus on physical education frequency, scheduling, and frequency trends.

1. In your school, which grades require physical education and how many times a week do the classes meet? (Fill one bubble in each row as follows: ① once a week ② twice a week ③ three days a week ④ four days a week ⑤ everyday ⑥ this grade is not at our school ⑦ physical education is not required at this grade)

- | | | | | | | | |
|---------------|---|---|---|---|---|---|---|
| a. 6th grade | ① | ② | ③ | ④ | ⑤ | ⑥ | ⑦ |
| b. 7th grade | ① | ② | ③ | ④ | ⑤ | ⑥ | ⑦ |
| c. 8th grade | ① | ② | ③ | ④ | ⑤ | ⑥ | ⑦ |
| d. 9th grade | ① | ② | ③ | ④ | ⑤ | ⑥ | ⑦ |
| e. 10th grade | ① | ② | ③ | ④ | ⑤ | ⑥ | ⑦ |
| f. 11th grade | ① | ② | ③ | ④ | ⑤ | ⑥ | ⑦ |
| g. 12th grade | ① | ② | ③ | ④ | ⑤ | ⑥ | ⑦ |

2. What type of schedule does your school follow?

Yes No

Semester on, Semester off physical education courses?

- ① ②

Block scheduling?

- ① ②

3. For approximately how many minutes per week does the average required physical education class meet?

- ① 0-60 minutes
- ② 61-90 minutes
- ③ 91-120 minutes
- ④ greater than 120 minutes
- ⑤ physical education is not required

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4. Has the amount of times per week of required physical education classes increased, decreased, or stayed the same over the last five years?
- ① Increased
 - ② Decreased
 - ③ Stayed the same
 - ④ Physical education is not required
5. Has the number of required physical education minutes per week increased, decreased, or stayed the same over the last five years?
- ① Increased
 - ② Decreased
 - ③ Stayed the same
 - ④ Physical education is not required
6. If you have a 12th grade in your school how many credits of high school physical education does your school district require for graduation?
- ① 0-1 credit
 - ② 1 1/2 credits
 - ③ 2 or more credits
 - ④ We do not have a 12th grade in our school
7. Can a student take physical education credit every semester if they choose? Yes No
- ① ②
8. Can required physical education be met through participation in athletics? Yes No
- ① ②

Class Size: This section asks questions related about student to teacher ratios as well as typical class sizes.

9. How large is the average physical education class size in your school?
- ① 0-19 students
 - ② 20-29 students
 - ③ 30-39 students
 - ④ 40 or more students
10. Is there a maximum allowable student-to-teacher ratio allowed for required physical education class in your school? Yes No Unsure
- ① ② ③

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Staff: This section asks questions related to the professional qualifications of you and your staff.

- | | Yes | No | Unsure |
|---|-----|----|--------|
| 11. Is there a physical education coordinator in your district? | ① | ② | ③ |
| 12. Are all of the required physical education classes in your school taught by a certified physical education teacher? | ① | ② | ③ |
| 13. Do you make accommodations for special needs students through an adaptive physical program in your school? | ① | ② | ③ |
| 14. Is your adaptive physical education program run by a certified adaptive physical education teacher? | ① | ② | ③ |

Professional Preparation

15. What was the major emphasis of your professional preparation?
(Chose one of the following.)

- ① Physical and health education combined
- ② Physical education
- ③ Kinesiology
- ④ Exercise science or exercise physiology
- ⑤ Coaching
- ⑥ Other

16. Including this school year, how many years have you been teaching physical education?

- ① 1 year or less
- ② 2 to 5 years
- ③ 6 to 9 years
- ④ 10 to 14 years
- ⑤ More than 14 years

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Staff Development Experiences: This section will review the recent staff development experiences of the physical education teachers at your school.

17. During the past two years did physical education teachers receive staff development (such as workshops, conferences, continuing education, or any other kind of in-service) on any of the following physical education topics? (Fill one bubble in each row for the following topics.)

Yes No Unsure

- | | Yes | No | Unsure |
|--|-----|----|--------|
| a. Improving physical education skills | ① | ② | ③ |
| b. Teaching health related fitness | ① | ② | ③ |
| c. Use of fitness center equipment | ① | ② | ③ |
| d. Use of fitness stations that address different muscle groups | ① | ② | ③ |
| e. Use of adventure education strategies | ① | ② | ③ |
| f. Use of low and high element ropes courses | ① | ② | ③ |
| g. Increasing assessment strategies | ① | ② | ③ |
| h. Implementing physical fitness testing (e.g. Fitnessgram) | ① | ② | ③ |
| i. Incorporating lifetime sports such as golf | ① | ② | ③ |
| j. Connecting the concepts presented in health education to physical education | ① | ② | ③ |
| k. Participating in the DPI / WAHPERD Best Practices in Physical Activity and Health | ① | ② | ③ |
| l. Use of technology in physical education | ① | ② | ③ |
| m. Incorporating performance based curriculum strategies | ① | ② | ③ |
| n. Adaptive physical education for special needs students | ① | ② | ③ |

Curricular Materials: This section focuses on materials that could be used to develop units of instruction on particular physical education topics.

18. Have physical education teachers in your school used any of the following curricular materials in a required physical education course?

(Fill one bubble in each row for the following curricular materials.)

Yes No Unsure

- | | Yes | No | Unsure |
|---|-----|----|--------|
| a. The National Association for Sport and Physical Education Standards. | ① | ② | ③ |
| b. Wisconsin Physical Education Standards | ① | ② | ③ |
| c. Your district's curriculum, set of guidelines, or framework | ① | ② | ③ |
| d. Fitness test materials such as Fitnessgram or Presidential Fitness. | ① | ② | ③ |
| e. A commercially-developed physical education guide | ① | ② | ③ |
| f. Adaptive physical education materials and equipment | ① | ② | ③ |

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Curricula: This section will look at curricular topics that can be a part of physical education coursework.

19. Have physical education teachers in your school tried to increase student knowledge and/or improve physical education skills on any of the following topics in a required physical education class over the last school year?

(Fill one bubble in each row for the following topics.)

	Yes	No	Unsure
a. Improving physical fitness (e.g., flexibility)	①	②	③
b. Using fitness center equipment	①	②	③
c. Providing adventure education experiences	①	②	③
d. Using low and high element ropes courses	①	②	③
e. Increasing personal responsibility	①	②	③
f. Increasing respect	①	②	③
g. Providing physical fitness testing	①	②	③
h. Providing fitness experiences such as mountain biking and rollerblading	①	②	③
i. Providing lifetime sports such as golf	①	②	③
j. Applying knowledge of cardiovascular function or health to physical activities	①	②	③

Assessment Methods: This section addresses physical education assessments.

20. Do students receive either letter or numerical grades for required Physical Education?

Yes No
① ②

21. During this school year, have physical education teachers in your school used the following assessment techniques in a required physical education class?

(Fill one bubble in each row for the following assessment techniques.)

	Yes	No	Unsure
a. Implementing skill tests on various components of a sport	①	②	③
b. Setting fitness goals and measuring goal achievement throughout the course	①	②	③
c. Including grades for participation and involvement in the physical education class	①	②	③
d. Providing written tests on various physical education units of instruction	①	②	③
e. Using rubrics	①	②	③
f. Using portfolios	①	②	③
g. Using individual projects	①	②	③
h. Using group projects	①	②	③
i. Using self evaluation	①	②	③
j. Demonstration of skill	①	②	③

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22. During this school year, have teachers in this school used any of the following fitness tests? Yes No

Self-designed test	①	②
Fitnessgram	①	②
President's challenge	①	②

23. If you use a fitness test, how often does your school administer the test?

- ① once a year
- ② twice a year
- ③ more than twice a year
- ④ we don't use a fitness test

24. Do the results of your fitness testing influence curricular decisions in physical education?

- ① Yes
- ② No
- ③ we don't use a fitness test

Collaborative Partners: This section focuses on partners that physical education teachers could work with to implement physical education programs.

25. During this school year, have any physical education teachers worked with any of the following partners on physical education activities or curricular development?
(Fill one bubble in each row for the following partners.)

	Yes	No	Unsure
a. Health Education staff	①	②	③
b. Athletic trainers	①	②	③
c. School pupil services (e.g., nurses, social workers, counselors, psychologists)	①	②	③
d. Food service staff	①	②	③
e. Community members (Health Clubs, Bicycle Stores, Youth serving organizations, etc)	①	②	③
f. Teachers in other subject areas	①	②	③

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Physical Education Administrative Issues

- | | | |
|--|-----|----|
| 26. During this school year does your school offer an after school physical activity program? | Yes | No |
| | ① | ② |
| 27. During this school year, does your school offer community physical activity programs (e.g., open gym, community walks) in the evening or on the weekends for middle or high school students? | ① | ② |
| 28. Does your district offer physical education courses before normal school hours for credit? | ① | ② |
| 29. Do you have a specified yearly budget for physical education? | ① | ② |
| 30. How often do you have physical education staff meetings throughout the school year? | | |
| ① once a year | | |
| ② four times a year | | |
| ③ monthly | | |
| ④ never | | |
| 31. Does the principal provide helpful assistance to improve the quality of the physical education program? | | |
| ① Yes | | |
| ② No | | |

Parent and Community Involvement: This section covers ways in which a school might try and reach parents and the community on physical education issues.

- | | | | |
|--|-----|----|--------|
| 32. During this school year, has the district done any of the following activities?
(Fill one bubble in each row for the following activities.) | Yes | No | Unsure |
| a. Provided families with information on the physical education program | ① | ② | ③ |
| b. Met with a parents' organization such as the parent teacher association or organization (PTA or PTO) to discuss the physical education program | ① | ② | ③ |
| c. Invited family members to attend a physical education class | ① | ② | ③ |
| d. Used community members working in related fields as guest speakers or to provide instruction. | ① | ② | ③ |
| e. Provided class expectations at beginning of the school year | ① | ② | ③ |
| f. Distributed a physical education handbook | ① | ② | ③ |
| g. Held parent seminars on physical education related issues | ① | ② | ③ |
| h. Referred students to related community programs | ① | ② | ③ |
| i. Hold joint physical education or activities for parents and students | ① | ② | ③ |

Thank you for your responses.

Please return the questionnaire in the envelope that was provided.